



LAUGHTER HONOUR WORKSHEET

Completed by:

Date Started: / /

Date Completed: / /

1. Know the meaning of laughter.

2. Know the meaning of Gelotology.

3. Discuss what happens in the brain when we laugh.

4. Discuss the difference between worldly joy and everlasting joy.

5. Discuss whether there is a place for Christian comedy.

6. Memorise and discuss the meaning behind Proverbs 17:22.

7. Create a presentation for your club or church on how laughter is good for our health.

8. Find and hand out 3 encouraging bible texts about everlasting joy to your community.

9. Make a friend or family member laugh. (Write about what you did or capture the moment)

Assessed By:

(Full Name & Rank in Block Letters)

Assessor's Signature: _____

Date: / /