

# CYCLIST AWARD WORKSHEET

Name:

Date Finished:

Class level:

○ In the space below, design your own bike. You can use paint crayons or markers. Have fun!!

# Requirement fill in sheet:

1. Earn the road safety award. ✓ ✗

2. Demonstrate: ✓ ✗

- How to keep a bike clean
- How to safely ride a bike
- How to use hand signs while riding
- How to take care of a bike

3. Participate in a bike activity ✓ ✗

- A bike race
- A bike obstacle course
- Other bike activity of your choice

4. Do a 5-mile(8 kilometres) bike ride

- You could pack a picnic and cycle your 8 km at a forest or park, maybe you could even create a challenge with your family. It can be lots of fun!!!

✓ ✗

5. Make a map of where you went.

- On a piece of paper make a map of where you went ,you can even draw and decorate it with the things you saw on your trip!!

✓ ✗

6. With your family, use your map to retrace your route

- With your family, take some time to retrace your route on the map you drew . You'll be surprised at how far you went.

✓ ✗

When you are all done with your award, cut out your certificate and fill it in. Present your completed worksheet to your club leader and you are all DONE!!!

THIS IS TO CERTIFY THAT



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DATE

Grace Ellis Gbessia

TEACHER



HAS ACHIEVED

**THE CYCLIST AWARD**