

2 ZERO HUNGER



Hunger Relief

ADRA Pathfinder e-Award



What is the lesson about?

Hunger relief in the UK and overseas

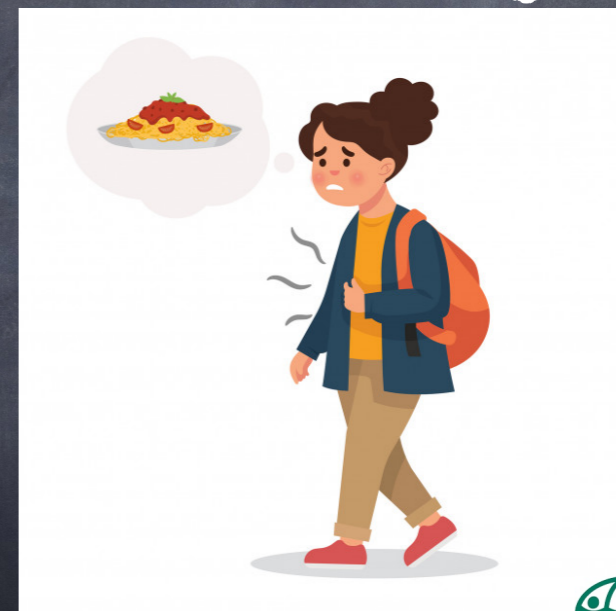


What will we learn

- Discuss what steps ADRA and other humanitarian agencies take to reduce hunger
- Listen to stories of food distribution through ADRA and learn about the people that they serve
- Describe the causes of hunger in the United Kingdom
- Collect food items for the local community or select a family and bring food to them (done offline)
- Visit a food bank in your local area and offer to assist them.



What is Hunger?



Hunger is

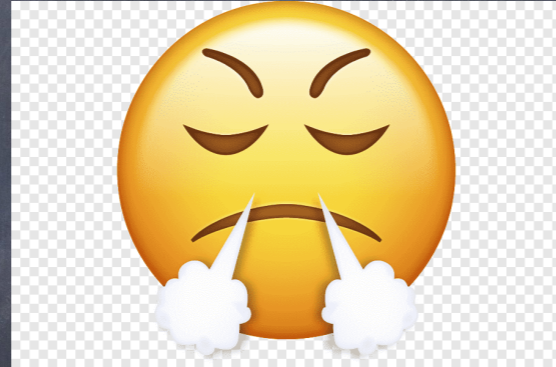
- An uneasy or painful sensation caused by the want of food
- A strong desire or craving
- The want or scarcity of food in a country



Hunger is

- Hunger occurs when people do not get enough nutrients (energy, proteins, vitamins and minerals) for fully active and healthy lifestyles.

HUNGER
800 MILLION???
SERIOUSLY????



SUSTAINABLE DEVELOPMENT GOALS



World hunger on the rise as 820m at risk, UN report finds

This article is more than 11 months old
Eliminating hunger by 2030 is an immense challenge, say heads of UN agencies
[Sarah Boseley](#) Health editor
Mon 15 Jul 2019 18.28 BST
Last modified on Mon 15 Jul 2019 18.46 BST



BBC News Report

OXFAM



Children in Yemen



Guardian Article

March 28th 2020



Greenwich and Battersea

The Novel Feeding Programme



Greenwich and Battersea

The Novel Feeding Programme

Hanwell
Community food
bank and distribution
centre



Hanwell
Community food
bank and distribution
centre

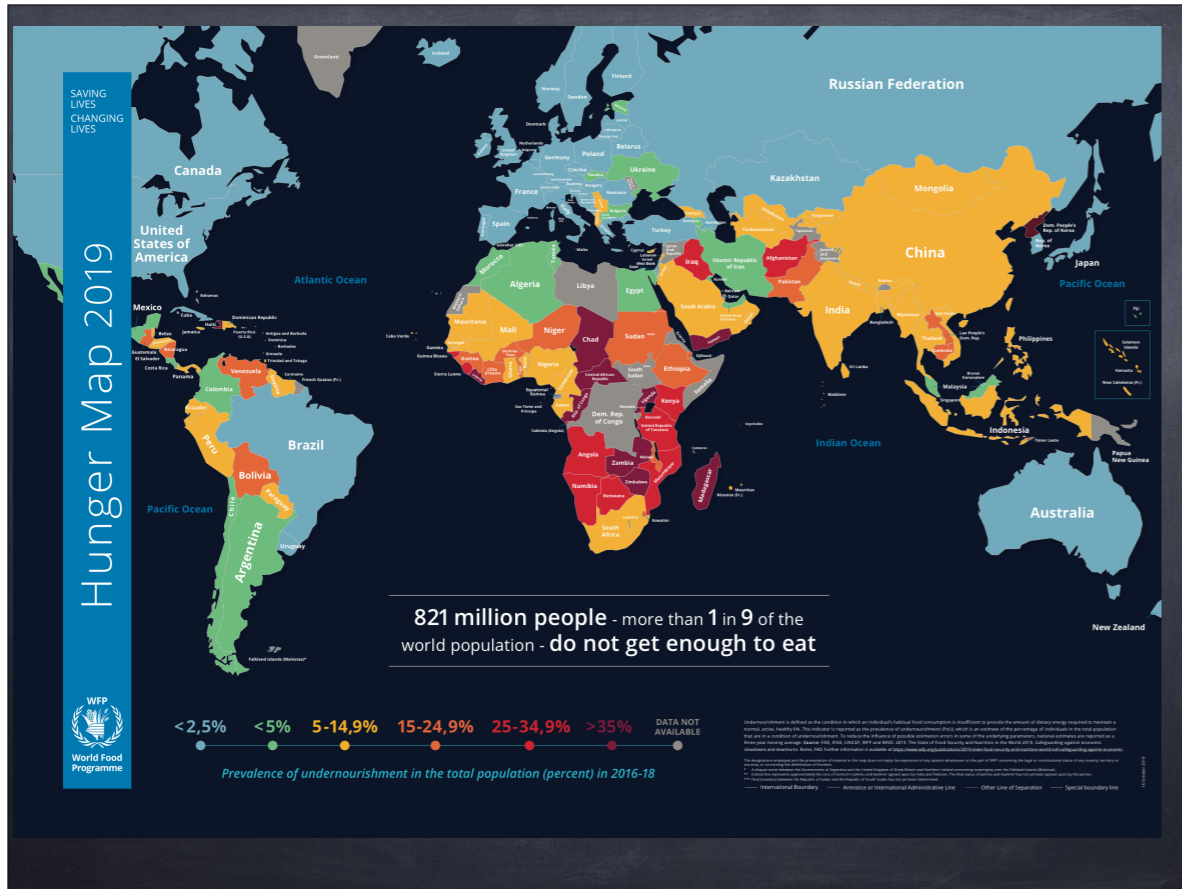


Food
Delivery
Plymouth



Food
Delivery
Plymouth





HUNGER FACTBOX

- ⦿ HUNGER IS THE WORLD'S NO 1 HEALTH RISK.
- ⦿ 1 IN 9 PEOPLE GOES TO BED HUNGRY EVERY NIGHT
- ⦿ THERE IS ENOUGH FOOD ON EARTH TO FEED EVERYONE
- ⦿ WOMEN ACCOUNT FOR OVER 60% OF THE WORLD'S HUNGRY
- ⦿ 66 MILLION CHILDREN ATTEND SCHOOL HUNGRY EVERY YEAR



CAUSES OF HUNGER

- ⦿ POVERTY
- ⦿ CLIMATE CHANGE
- ⦿ AGRICULTURE
- ⦿ DISEASE AND ILLNESS AND FOOD WASTE



1 NO POVERTY



- ⦿ POVERTY IS ONE OF THE BASIC CAUSES OF MALNUTRITION. THE MAJORITY OF THE WORLD'S POOR ARE UNABLE TO FEED THEMSELVES AND THEIR FAMILIES. THEIR DIETS ARE BASED ON STARCHY FOODS WITH FEW VEGETABLES OR MEAT AND THEREFORE, VERY LITTLE NOURISHMENT.

13 CLIMATE ACTION



- CLIMATE CHANGE IS MAKING IT HARDER FOR SMALL FARMERS TO PREDICT HARVESTS LEADING TO EXTENDED 'HUNGRY PERIODS'. RISING TEMPERATURES AND INCREASED RAINFALL IS DAMAGING POOR COMMUNITIES



15 LIFE ON LAND



- POOR FARMING SKILLS, LACK OF BASIC TOOLS, SEEDS AND LAND LEAD TO LARGE NUMBERS OF PEOPLE GOING HUNGRY



5 GENDER EQUALITY



- IT IS COMMON THAT MORE WOMEN THAN MEN ARE SUFFERING FROM THE EFFECTS OF HUNGER AND BOYS AND GIRLS GET BETTER TREATMENT IN NOURISHMENT AND EDUCATION.



3 GOOD HEALTH AND WELL-BEING



- HUNGER AND MALNOURISHMENT CAN LEAD TO DISEASE AND ILLNESS WHICH IN TURN MAKES INDIVIDUAL WEAK AND UNABLE TO WORK/GO TO SCHOOL



12 RESPONSIBLE
CONSUMPTION
AND PRODUCTION



- 13 billions pounds worth of food are wasted every day
- 1.3 billion tonnes of food are wasted WORLDWIDE each year



There is no hunger in a country as rich as the UK?

True or False



False. Currently there are at least 1.3 million people who are hungry



Only the homeless and the unemployed need emergency food?

True or False?



False. People on low incomes also need food as well as refugees, and people who no recourse to public funds.



Hunger is only a big city problem?

True or False?



False. Hunger strikes people in rural, suburban and urban communities.



Only droughts and other natural disasters are to blame for hunger?

True or False?



False. Nature is only one factor when it comes to hunger. The proportion of food crises that are linked to causes have more than doubled since 1992. War and conflict also cause issues.



Hunger is one of the most pressing global issues?

True or False?



True. People go hungry even when there is plenty of food to go around. Often it's a question of access. They can't afford food or get to their local food suppliers.



WRITING ACTIVITY

- IF THERE IS ENOUGH FOOD ON EARTH TO FEED EVERYONE, WHY DO PEOPLE GO HUNGRY?
- QUESTION IS; WHY ARE THERE HUNGRY PEOPLE IN THE WORLD



How to create a world without hunger

- If you were the President of the United States or the Prime Minister of the United Kingdom, how would you try to create a world without hunger?



DISCUSSION QUESTIONS

- IS THE WORLD AN EQUAL PLACE FOR EVERYONE?
- WHY DO CERTAIN CONTINENTS SUFFER MORE WITH THE ISSUE OF HUNGER MORE THAN OTHERS?
- HOW CAN YOU BE A HUNGER HERO AND TACKLE THE ISSUE OF HUNGER LOCALLY?



EMERGENCY | HELP DURING CORONAVIRUS CRISIS [GIVE NOW](#)



Will you help?

As the coronavirus spreads across the world, ADRA rises up in response.

Join me and ADRA in reaching out to protect our neighbours in the U.K. and overseas.

www.adra.org.uk

