



Who needs a pillow when you have a shoebox full of goodies?

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Taking control: starting your own business



Editorial

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Keeping 'me' in the programme – lesson 1

So it's a little bit fussy, but I lost marks for this kind of thing at school. Bad spelling. I still don't get all my spelling right, but that's where we are all grateful for spell-checking on our computers.

But this has become something of an obsession for me. Now, when I see something that is clearly not right, I feel like rubbing out the offending word, defacing the script, and writing in the correct spelling, all in the name of proper spelling. Incorrect spelling is not proper English.

Now you can get other kinds of English, notably US rather than UK. If you read about the etymology of English (UK & US) then you will find out where the two 'English' languages got their spelling.

My regular irritation is the misspelling of *programme*. It has evolved that even for UK English, when talking about computers, we can spell it *program*. But for all other times the UK spelling is *programme*. So why do I see so many of our church documents say *program*?

After I have finished mentally, or actually, yelling at the screen in support of proper spelling, I ponder what God can teach me about such things.

Program looks right (almost), we know what it means, we could tolerate its variation: but it is not right. I wonder how much sin is like this? Or even Bible-based teachings? I believe the devil's most cunning deception is through variation, adaptation, being almost right. Not the massive obvious differences, just the slight changes, a distortion.

A day of rest is what God prescribed, the Sabbath, the seventh day, not Sunday, the first day, that's a distortion. Ambition is a God-given motivation, but selfish ambition is a distortion. Heterosexual marriage is the expression of a God given relationship, but homosexual 'marriage', even with civil recognition, is a distortion. Jesus accepts us by faith alone, not by any effort of our own. We are wrong, then, to think that, after accepting what Jesus has done, we then have to work on our behaviour to attain a sinless state. That would be to say that God is lying. That's a distortion. *Programme* is the correct spelling in the UK – not program, that's a distortion.

So lesson one in keeping 'me' in the programme is to beware of distortions: things that look right, even sound right, but are not quite right.

Pastor Nathan

http://en.wikipedia.org/wiki/American_and_British_English_spelling_differences

Romans 3:23: Often weakly translated, this means 'Everyone has sinned in the past, and even now continually falls short of the glory of God.' And Romans 9:16 says it is God's mercy, not our efforts, that determines who is saved for eternity.

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For Application Forms, please, contact your Union leader. The deadline for registration is **MAY 01, 2013**. After this date we cannot guarantee accommodation availability.

Who needs a pillow when you have a shoebox full of goodies?

For the past few years ADRA-UK has had an annual shoebox appeal, and each year a different country is nominated to be the beneficiary of the shoeboxes. Last year the nominated country was Mali in West Africa.

The shoeboxes left these shores in November 2011 and arrived in Mali at the end of December 2011, and after clearing customs I was able to travel to visit Mali from 12 to 19 February to distribute some of the shoeboxes.

My itinerary was busy and the days were long, but the pleasure of the smiling faces kept me going and made me forget any weariness. I visited seven schools, five orphanages and four groups of street children, a women's prison to give shoeboxes to the children, of the prisoners. We were able to distribute nearly 4,000 shoeboxes, and the remainder have been distributed by ADRA Mali.

One of the striking features of the schools I visited was the class size. The first school I visited had six classes, which ranged in size from ninety-seven to 119 children being taught by one teacher.

I received many positive comments and much gratitude from the principals and teachers of the schools I visited, and also from the people who manage the orphanages and try to provide refuge for the street kids. Bi-Bi, a lady who ran one of the orphanage,s told me:

'These girls have never received a gift in their lives, and just your coming here lets them know that somebody cares about them.'

Michael Reich, the country director of ADRA Mali, commented: 'We would like to express our sincere gratitude to you and your colleagues, as well as the donors, for this excellent collaboration. People are talking about the joy you have brought. I heard about children taking their presents with them to bed, some sleeping with

• **Godwin Benjamin**
Appeal Co-ordinator, ADRA-UK

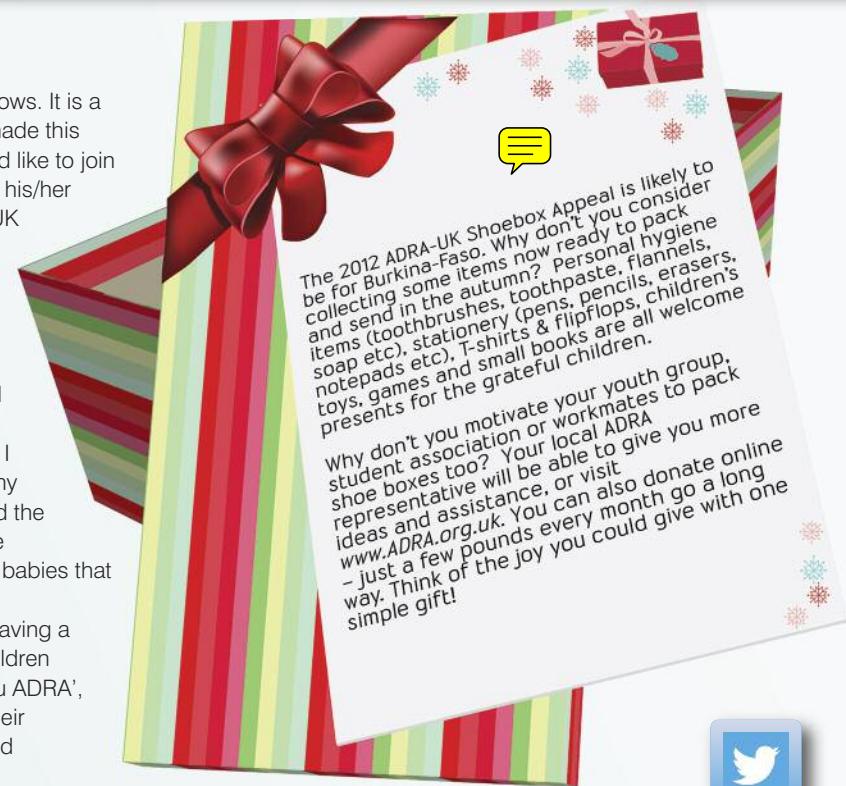


their heads on them as pillows. It is a collaborative effort which made this project possible, and I would like to join you in thanking everyone for his/her contribution, whether in the UK or in Mali.'

In addition, Michael informed me that many people talked to him about the shoebox distribution when he attended a meeting of the board of an NGO network.

During my seven days in Mali, I experienced the joy of seeing many smiling faces as a result of receiving a shoebox and the goodies inside. However, this was tempered by the heartbreak I felt due to the large number of young babies that I saw in the orphanages I visited. I was humbled, because many times, as I was leaving a place where I had distributed shoeboxes, the children would be singing, 'Thank you Godwin, thank you ADRA', but I know the people who should really have their names sung are the thousands of members and friends up and down the UK who donate the shoeboxes. I am just the person doing the delivery. To all of you, I say thank you on behalf of the children of Mali who have benefited from your generosity.

There are two videos on YouTube of my visit to Mali:
<http://youtu.be/ABayH731tRE>
and <http://youtu.be/UQxO-qyV8js>
Next time you lay your head on your pillow, think of those, children in Mali who don't have a pillow: but on the other hand, 'who needs a pillow, when you have a shoebox full of goodies?'



The 2012 ADRA-UK Shoebox Appeal is likely to be for Burkina-Faso. Why don't you consider collecting some items now ready to pack and send in the autumn? Personal hygiene items (toothbrushes, toothpaste, flannels, soap etc), stationery (pens, pencils, erasers, notepads etc), T-shirts & flipflops, children's toys, games and small books are all welcome presents for the grateful children.

Why don't you motivate your youth group, student association or workmates to pack shoe boxes too? Your local ADRA representative will be able to give you more ideas and assistance, or visit www.ADRA.org.uk. You can also donate online - just a few pounds every month go a long way. Think of the joy you could give with one simple gift!





Taking control: starting your own business

• Paul Thompson

We were young, but we had good advice and good ideas and lots of enthusiasm.
– Bill Gates, founder of Microsoft Corporation

In May 2011, *The Sunday Times* published the 'Rich List', and for the second year running the list saw a sharp increase in the number of young millionaire entrants in Great Britain; in fact, the number topped forty-four. The young appeared to be making their fortunes in fashion, property, technology, music and film. So is it possible for young aspiring Christian men and women to make it in today's gruelling landscape of business?

It may come as a surprise to learn that many brand-named businesses today listed on the stock exchange were started by Christians. Amnesty International, Barclays Bank, Bethlehem Steel, Cadbury UK, Carr's, Clarks, Cornell University, Friends Provident, Greenpeace, Lloyds TSB and Coutts Bank can all trace their roots back to faithful, committed Christians in the Victorian era.

You may find this surprising, but the Bible teaches that God wants us to get wealth so that we can help the poor and advance the cause of Christianity. 'But remember the LORD your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today.' (Deuteronomy 18:18, NIV).

So what are some of the key things that a serious-minded young person can do to set up his or her own business and to nurture its success?

I tested the waters of business in my early thirties; there was a need for money following a change in my family situation. I sat down and looked at what skills I had and what I enjoyed most. I decided it was delivering training courses, which I was told I was good at. I worked for a large corporate company, and moving up the ranks to earn more money was very difficult, almost impossible.

Financially, things were not improving at home – and I finally mustered up the courage to write one proposal, which I emailed out to three professional business institutions. One immediately rejected me; the other two, to my surprise, called me in for a chat. Something told me that it was likely to be a bit more than that, so I prepared a full-blown presentation.



Lesson 1 Be prepared and always expect the unexpected.

I arrived at the very imposing office building in London and was quickly ushered into a boardroom to meet three men, suited and booted in high-powered business gear. 'You have 20 minutes to sell your course, you have one shot at this, and we don't want amateurs; we pay £1,000 per day.' I gave what I felt was the best performance of my life, including humour, passion and everything I had learnt in church – speaking from the platform on previous occasions really helped.

Lesson 2 Never say no when you are asked to serve in church, the skills you learn may one day come in handy.

The next day the phone rang at home and I got the job as a part-time trainer for a big professional institution; I would be able to earn the extra cash the family needed.

Things continued to tick along nicely at work – I used my holidays to do the training. When finally the financial pressure at home had eased, I soon became restless and bored. I asked the company to sponsor me for an MBA and they agreed. I had this unquenchable thirst for business knowledge, which my job could not satisfy.

Lesson 3 Invest in yourself to increase your income potential.

I got into one of the UK's top business schools, and my competitive nature meant that I graduated in the top set of my class.

Lesson 4 Strive to be the best in whatever you do.

God expects you to be the head and not the tail (Deuteronomy 28:13). Be confident and take your rightful place to lead, and give God the glory at all times; guard against arrogance.

Six months later, my company created a senior position in my department and I applied for the job. I had the qualifications and some say I was being groomed for the position. It seemed a foregone conclusion; colleagues were saying 'When are we going down the pub?' (for an orange juice of course.) The interview took place, and by coincidence the next day I was out at a conference. The phone rang; it was my boss. 'Paul, I have some bad news for you – we appointed a candidate from outside, as we felt we needed external experience to grow the role . . .' Before he could finish his 'You didn't get the job' pitch, I clicked off the phone. I was devastated. How could I face my team? How could I return to work? I went home, crawled into bed, and asked why God had inflicted this on me. I had always tried my best, worked hard, and was committed to church. The answer was soon to come.





Three months later, with a spring in my step, I climbed the stairs to my boss's office. In my hand was my letter of resignation, and before me was my boss, whose face was ashen grey – after twelve years of service I was leaving. Tucked neatly in my left jacket pocket was a contract I had just signed for three years as a consultant, which twice the salary, and a brand-new, fully expensed car. That evening as I drove home, I felt ashamed at the way I felt God had let me down.

Lesson 5 *Trust God: He will always come through for you.*

All along He had a plan, which I couldn't see. I was too comfortable; I needed a jolt, a bolt of lightning to get me going. What does the future hold? I did not know, but with God, it was going to be like a roller coaster, full of twists and turns, highs and lows – but exciting nevertheless.

The consultancy contact proved gruelling – I was driving three hours per day, working long days and battling a culture which hated change and courted bad practices. I became close to many key clients, which I served with integrity and diligence. Many tried to court me to leave and work for them, but I was committed to my current employers. One wise man of senior years would often ask me, 'Paul, when are you going to start your own business?' He was a senior manager of a large, well-known company, and he had many years of experience; he proved to be a good sounding board, role model and mentor.

Lesson 6 *Find a good mentor: a very good mix for success is a senior person with years of experience combined with youthful energy.*

One day something very peculiar happened. We were dressed for church and were just about to pull out of the drive when a delivery van arrived. The driver started unloading many boxes on the drive, and I quickly stuck my head out the window and said, 'That's for next door mate.' 'Are you Mr Thompson?' said the driver. 'Then it's for you.' I opened the box and a note was written in bold black lettering saying, 'Get

started'. The client had traced my home address and sent me many boxes of work to start my business. What was I to do? It seems that God had given me an answer to my work frustrations; I was about to start my own business. What if it went wrong? What if I lost my home?

We spent the next few weeks registering a company, sorting out letterheads, business lines, a fax line and PC software – and shortly after, we began work in a room at home. The phone lines were busy, the post increased, and my wife coped as best as she could in the day, and I took over in the evenings, often working late into the night. It was crunch time; I had to tell my current employers I was leaving. As expected, they did not take it well; I arrived in my company car, but caught the train home. I didn't mind; I was at last happy: I now had my own business. Over the last ten years the business has grown from two staff – my wife and me – to 158, with offices today in the South-east and North of England.

Lesson 7 *Praise God: He has plans to prosper you.*

Many valuable lessons have been learnt, which I have encapsulated into ten key factors for success:

Take care of money. Never, ever spend a penny more than you need to when you start out. You don't need nice furniture, an office, a company car or a PA to answer the phone. Take the bare minimum to live on when starting out and build up your cash to invest in the business.

Sell yourself and your business. Realise that you have to sell. Yes, you have to pick up the phone and ask for business; if you can't do this, don't start a business. Develop an ability in sales – everything in business, and indeed life, comes from sales. In meetings, you have to sell yourself.

Clone yourself. Think about how you can delegate responsibility and duplicate yourself. If there were two of you, you could earn twice as much. If there were 200 of you, you could earn 200 times as much, and so on. Short of rapid advancement in genetic engineering, the only way to clone yourself is to hire staff. Start engineering your business so that it can be replicated and run by individuals who follow the system.

Don't boil the ocean. Realise that the only purpose to your business at this stage is to make money. Stick to what you are good at and don't deviate from this until you are successful.

Master your finances. Be innovative in the methods used to access funds for your business. If the banks are being unhelpful, look at alternatives such as investors or family or Government grants. Never spend any more money than you actually have to. Get a good accountant. Think about whether you have to raise capital in the first place. If you do, don't ask for too much.

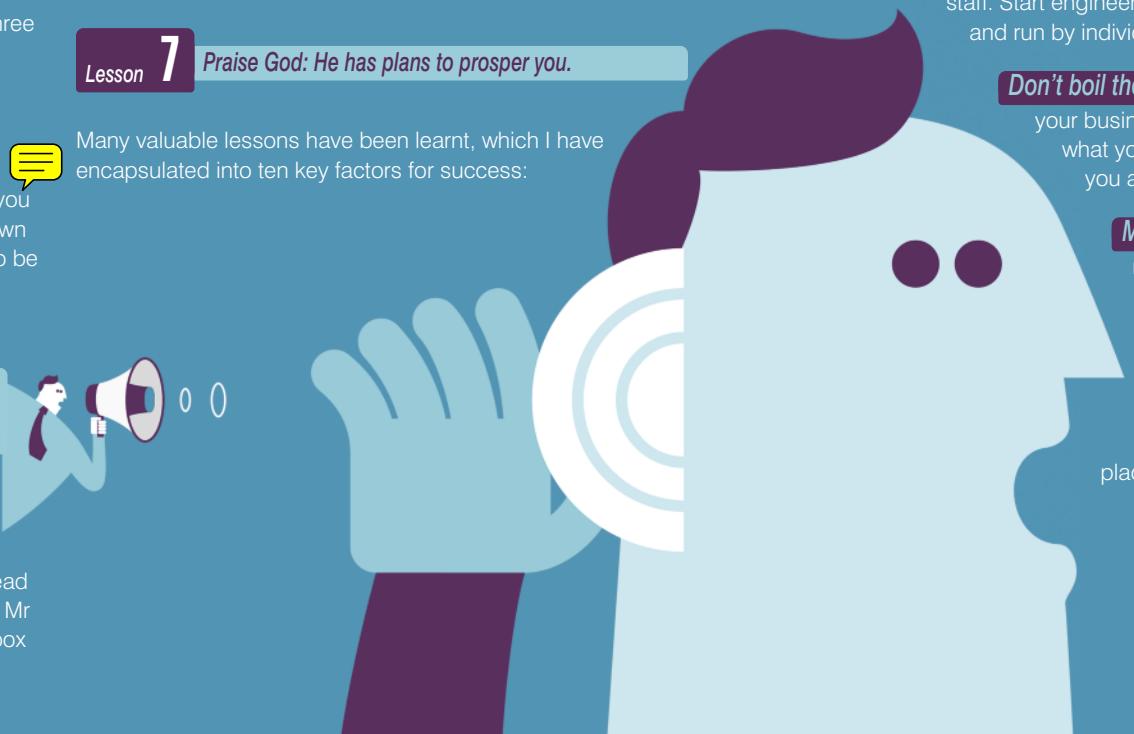
Look for a niche. Avoid the big wide gate and overly saturated markets and concentrate on the narrow gate of a niche market. Then look at your competitors in your niche market to get an idea of where you're going to find customers. A successful business is the one that does things better than its competitors. So analyse the marketplace and improve on it.

Love your customers. Your business plan should be five words long: 'Get and keep more customers!' Without customers you haven't got a business, and by customers, I mean people who spend money. Look after your client list. Create a good database of customers and prospects. Your database is a precious resource, so ensure you look after it through regular email and telephone contact with clients, former clients and prospective clients. Let them know you're thinking of them.

Be realistic. Give yourself time to build up your business, and don't expect to get rich overnight. It takes a minimum of three years to put strong legs under a business. Knowing it's likely to take a long time keeps you at a realistic level. Underestimate what you can achieve in a decade. Just make sure you celebrate the small victories along the way, giving glory to God and keep yourself motivated.

Educate yourself. Everything you ever wanted to know is contained in a book or on the internet somewhere, so read everything you can about people who have started businesses from nothing – preferably biographies and autobiographies. You'll find everything you need to know is within those pages. Use what you learn to improve your business.

Believe in yourself and your mission. Self-belief is an entrepreneur's most precious commodity. If you don't believe in yourself, then you can't expect customers to. Finally, when you become successful, invest in the Church, its programmes and, in particular, evangelism. Also take time to help others realise their dreams.





www.singleseventhdayadventists.com

is a brand-new supporting ministry that is for . . . single Seventh-day Adventists! Having just launched, it has had an overwhelming response from all around the world.

Why was it set up?

Here in the UK we don't have a dedicated singles church department like the North American Division (NAD). They have singles retreats, ship cruises/holidays, singles conferences and more! It's really something to envy!

Hundreds of thousands of single Adventists are looking for life partners, but the church ratio of men to women means they are not having much luck. Over the years many of our fellow youth have unequally yoked with people from outside the Church, which resulted in them leaving the Church: something which is very saddening.

Adventists that choose to look for love online also have problems. When typing 'Adventist Singles' in Google many websites come up. Sadly, most are not owned or administered by Adventists. They are using the church name illegally to cash in and get single Adventists to use their services, which unfortunately they do. Church conferences worldwide tell us many of our church members have complained that they didn't get the service they paid for when they joined these sites and could not get a refund after.

How are you different from these other websites?

We are FREE! We have faith that donations from satisfied customers or people that support our cause will keep us running. Hopefully, being free will cause these other websites to shut up shop, as it will no longer be profitable for them to run. We are also a supporting ministry and are supported by ASI members. Other websites do not care if you are Adventist, as they are just interested in the monthly or yearly fee. We are trying something that has never been done before. We only accept applications from baptised Seventh-day Adventists.

Anything else?

We've had many blessings. We've had applause for

the initiative from Pastor Paul Lockham, BUC Executive Secretary, and Pastor Claudio Consuegra, Director of Family Ministries in the NAD. Pastors have also chosen to use us. This is probably the best endorsement we can get, as pastors have to be very particular about what, where and who they get involved with.

We have been overwhelmed by the amount of signups. We were wondering how many people would join, but God is wonderful. If you prepare the fields, He will supply the rain – and He has in abundance! We pray that God will supply life partners for all our members.

We are David taking on the online Goliaths, but God is good and everything is just falling into place. It's a blessing how helpful people have been, especially the leadership at the BUC: particularly Pastor Hulbert, Pastor Lockham and also Pastor Stickland for kindly allowing us to tell you about this website.

For more information or to sign up, please visit www.singleseventhdayadventists.com

Anyone who has or administers a website or blog, please consider a link to the website.





Cooking Fun

Category: **Household Arts**
Item Number: **YOU4590**
Originating Institution: **General Conference**



REQUIREMENTS

- Name the four basic food groups.
 - Collect pictures of foods in each of these groups.
 - Use your pictures to make a collage or poster to be displayed at your club, school, or church.
- Compose a complete dinner menu.
- Help prepare, serve, and clean up after a full dinner.
- Make a batch of cookies of your choice.
- Demonstrate how to make a fire outside and use it to prepare a hot drink, OR make two different kinds of sandwiches, OR prepare two different salads.
- Help prepare a picnic lunch and pack it carefully. Share this picnic with family or friends.

ANSWERS

- Different groups:
 - Vegetable-fruit group: citrus fruits, tomatoes, peppers, melons, cabbage, berries, dark-green or deep-yellow vegetables, potatoes, and so on.
 - Bread-cereal group: breads, cereals and other grain products made from whole, enriched or restored grains such as rice, wheat, oats, barley, corn, and so on.
 - Protein group: dried beans, dried peas, lentils, garbanzos, nuts, peanuts, peanut butter, eggs, soy cheese, and vegetable proteins.
 - Milk group: whole, evaporated, or skim milk, reconstituted dry milk, buttermilk, soybean milk, cottage cheese, yoghurt, ice cream.
 - Resources: magazines and seed catalogues
- A complete dinner menu will include soup, salad, an entrée, vegetables and dessert as well as beverages and bread.
- This dinner can be the result of requirement two.
- Help the child make a simple batch of cookies. You may follow a recipe or use a prepared mix.
- Clear around the campfire and use safety rules when building the fire; OR make two sandwich fillings or use prepared items such as jam, peanut butter, and so on; OR make a simple relish dish and/or a tossed or jellied salad.
- Prepare a picnic lunch and eat it with your group, even if it is just under a nearby tree.

REQUIREMENTS

- Describe the process by which cocoa beans are turned into chocolate.
- List six health benefits of chocolate.
- Discuss the differences between milk chocolate, sweet chocolate, bitter chocolate, white chocolate and carob.
- List 10 uses of chocolate in recipes.
- State the proper storage for chocolate.
- Discuss the properties of chocolate at:
 - cold temperatures
 - warm temperatures
 - hot temperatures
 - very hot temperatures.
- Make two of the following:
 - Chocolate egg
 - Chocolate bunny
 - Chocolates with soft centres
 - Chocolate brownies
 - Chocolate chip cookies.
- Demonstrate the correct way of melting chocolate.
- Answer the question posed in Judges 14:18.



Chocolate Honour

Chocolate is an amazing product that turns over \$50 billion worldwide every year. We all know the downsides of chocolate, but it has some surprising health benefits – and as a natural product, it is definitely a gift from God! As with all things that mankind gets its hands on, however, it can be ruined by the processing and addition of fats and sugars, which may make it taste very good, but may also make it sickly and nasty – I am very fussy about my chocolate! I feel that moderation and temperance are key here. Our bodies are the temples of the Holy Spirit and He shouldn't have to share the place with cheap, poor-quality chocolate!

Furthermore, as Christians, we should live our lives in ethically sound ways. The manufacture of chocolate brings up many issues of developing-world farmer poverty, rain-forest demolition, child trafficking and child slavery. The major chocolate companies have a poor human rights record in many cases, and some are still doing nothing to put this right. As Christians, should we really be supporting these organisations, or do we not have a duty to speak out for our brothers and sisters in other countries?

At the 2006 SEC Pathfinder fair, the Maidenhead Pathfinder club had a stall with a chocolate fountain, a challenge ('How will you

Heather Hanna ◊

Heather is a paediatric research nurse who is a master guide and has been teaching in Adventurers and Pathfinders for eight years. She is really, really grateful that God gave us chocolate.



spend your pound – chocolate for you or a meal for him?' – 'him' being a hungry child pictured next to an ADRA tin) and new honour packs for sale. We did very well on the chocolate fountain, moderately well on the honour sales and very badly on the starving child. It certainly makes you think . . .

The choice to buy chocolate can work both ways. We can support an ethically sound industry in buying chocolate from fair-trade sources – and thereby enable farmers in some of the poorest countries of the world to support themselves, instead of sending them handouts and teaching them to rely on Western charity, taking away their pride and independence. However, we must also

continued



recognise that when we buy 'luxury' items, how we choose to use our money affects the giver as much as the recipient. If I am selfish with my God-given resources, a starving child will lose out on health and possibly even life. We need to pray about our selfishness and greed and examine our motives, recognising them for what they are.

God wants the best for His children, and He wants us to enjoy life and be happy. He loves it when we enjoy His good gifts, and there are many good things we can do with chocolate.

We can fundraise by selling baked goods with chocolate or hand-made chocolates, if we do them to a high standard! We can give these items as a gift to those who feel isolated, alone, left out or sad. Chocolate does wonders for these problems!

We can use chocolate to do children's stories in church (though if you distribute any be careful of children with milk and nut allergies, as they are not always allergy-safe; Kinnerton do nut-free chocolate). See <http://www.musicademy.com/2010/12/the-prodigal-confectioner-another-themed-kids-talk-using-chocolate> for one creative idea!

In a way, the chocolate honour is a metaphor for life – we constantly have to weigh up the good and the bad, we have to think through the issues and we have to make choices. Finally, always remember – 'Whatever things are lovely . . . think on these things!'



Chocolate – health benefits?

Science continues to reveal surprising facts about foods and now some treats. Who would ever have thought that chocolate would be listed amongst the good and the great in regards to therapeutic interventions? Don't get too excited though as the jury is still out on whether it is truly a 'health food'.

It is dark chocolate however, that is reported to have the 'health benefits'. In the book The Top 100 Healing Foods the author Paula Bartimeus nutritional therapist and health writer makes the following revelation:

'Chocolate lovers can delight in the knowledge that their favourite treat is good for them. Studies have shown that dark chocolate, which has a high cocoa content, contains epicatechin and gallic acids, antioxidants with heart protective properties. These compounds may promote anti-cancer activity too. Chocolate also possesses phenylethylamine, an amphetamine-like compounds that acts as a natural mood enhancer, and theobromine, which is a mild stimulant.'

The author also lists its nutrients as follows:

Vitamin B3, B5, E, beta-carotene, biotin, folate; calcium, copper, iron, iodine, magnesium, manganese, phosphorus, potassium, selenium, zinc; fibre; protein; carbohydrate.

Dr Alan Handysides, Health Director for our world church at the General Conference of Seventh-day Adventists commenting on the benefits of chocolate states that one ounce of dark chocolate with a pure cocoa content of 75 percent or more was found to enhance blood flow to the heart and brain in older adults.

Cautions:

Studies however from the Mayo Clinic point to the fact that as dark chocolate has small amounts of caffeine it can cause individuals with insomnia to become more wakeful and interrupt their sleep.

Avoidance of chocolate is also advised for migraine sufferers. Why not try an even healthier alternative – Carob. Here are its nutrient values which are even more extensive than dark chocolate:

Vitamin B1, B2, B3, B6, C, E, folate, beta-carotene; calcium, copper, iron, magnesium, manganese, phosphorus, potassium, selenium, silica, zinc; fibre; protein; carbohydrate.

Comparing dark chocolate and carob nutritional therapist Paula Bartimeus states: 'unlike chocolate, which is toxic to animals, carob based treats are considered safe for pets' So there we have it; a treat you can share with yourself and your pet to enhance bonding. You can't do that with chocolate!

• Sharon Platt-McDonald

BUC Director for Health, Women Ministries and Disability Awareness

ESTONIA SHORT MISSION TRIP 2012

Project Overview: Our short term mission project for 2012 is to Jõhvi, Estonia where we will be helping to complete building work on a new Seventh-day Adventist Church. This project is the first of Estonia's new church building projects in the area and will have a significant impact on this region. The project started in 2009 and is now in the final stage of completion. Volunteers are needed in order to reach the targeted completion date of the end of 2012.

Work will include: Tiling, decorating, painting, paving and landscaping. You don't need previous experience with building work, just willingness to work hard and get involved. We will also be participating in a community outreach project and do a bit of sight-seeing.

Project Location: The city of Jõhvi has a population of 11,500, which is a mix of Russians and Estonians. The church is situated in the city centre. It has a book membership of 80, with a weekly attendance of approximately 50.

Application Deadline: 15 August 2012

Cost: 350 Euros + your airfare to Tallin, Estonia

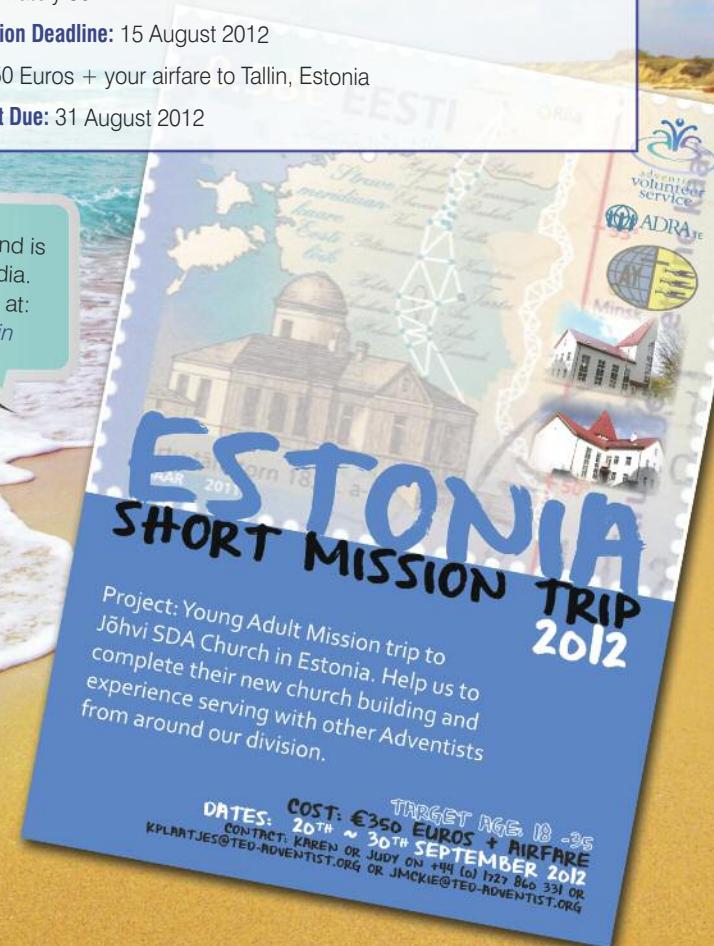
Payment Due: 31 August 2012

A word from currently serving volunteers.

Yvonne Bauwens from Scotland is currently serving abroad in India. Keep up to date with her blog at: <http://vonnyinindia.blogspot.in>

'To give a single highlight moment for all the things that I've got to do this year would just be too hard. But I think one area which has produced a lot of highlights has been the series of Bible studies that I've been doing. We started a few groups just among the youth of the church, but it's the best feeling ever to talk about God with others and see that it's making sense and they understand what the Bible is saying, and that it's relevant to them today; nothing at all beats that.'

Jonathan Holder is currently serving as a youth worker at Charlestown Adventist Church, Australia.



There's an APP for that!

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