# Safety Specialist



## **Adventurer e-Award**

# Introduction

- Loren
- Swansea SDA Church
- Fire Warden / First Aider
- Safeguarding



# **Session Goals**

- Safety Rules
  - Home, Outdoors, Weather, People
- Fire drill / Emergency Exit Plan
- Natural Disasters
- Safety Game

# **Safety Rules**



# At Home

What rules do you have at home to help you stay safe?

- Don't play with matches
- Don't run with scissors
- Wash your hands before eating
- Don't put toys in your mouth
- Close cupboard doors

# What rules do you have to help you stay safe outdoors?

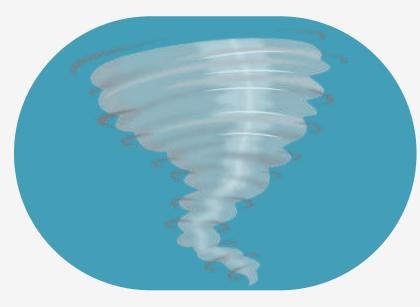
- Road safety (look both ways, cross with the green man, etc.)
- Don't eat wild berries (unless a responsible adult tells you they're safe
- Don't go onto a stranger's property without permission

# **Safety Rules**



# **Outdoors**

# **Safety Rules**



# Weather

What rules do you have to help you stay safe in different weather?









- Wear Sunscreen
- Drink plenty of water
- Wear waterproofs
- Don't run (slippery)
- Wear warm layers
- Wear Sunscreen
- Close windows/doors
- Look out for objects

What rules do you have to help you stay safe around people?

- Don't take things from strangers (gifts, lifts, etc.)
- Don't go off with a stranger
- Know your name, phone number and address

# **Safety Rules**



People

# **Emergency Exit Plans**

- Why do we need Emergency Exit Plans?
- To know where to go in an emergency
  - Important for visitors!

• To work out if we are missing any important information or equipment (e.g. Signs, Extinguisher, Fire Blanket, etc.)

# **Emergency Exit Plans - Symbols**





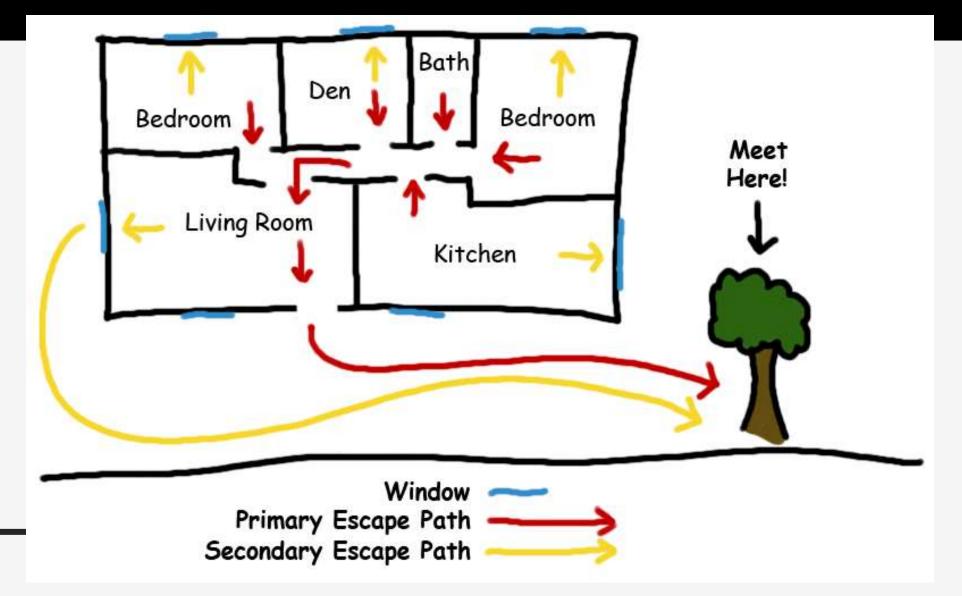




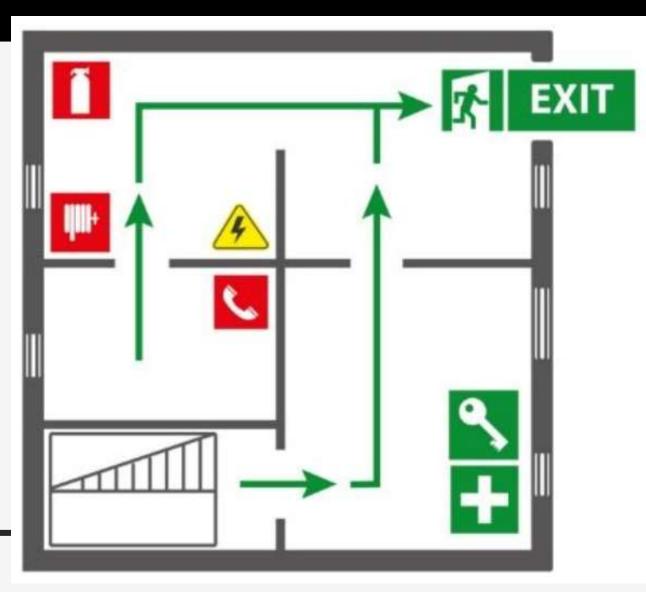
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# **Emergency Exit Plans – Home**



# **Emergency Exit Plans – Office**



# Natural Disasters





## What types of Natural Disaster can you think of?









# **Hurricanes / Tornados**



# Hurricanes / Tornadoes



#### **Hurricane Video Questions**

What speed do a tropical storm's winds reach before it becomes a hurricane? 74 mph

What is storm surge? When winds from a hurricane push water onto land

What can hurricanes do for our ecosystem? Regulate climate – push heat away from the equator

## Hurricanes / Tornadoes



# **Staying Safe**

# How can you stay safe during a Hurricane?

#### Before

- Close windows, doors, storm shutters
- Stock up on food, water, batteries, etc.

## During

- Follow local announcements and guidelines
- Evacuate / seek shelter if necessary

## Earthquakes



## **Earthquake Video Questions**

How long do most earthquakes usually last Less than 1 minute

How are earthquakes measured (2 words)? Magnitude and Intensity

What are the 3 words to follow if you experience an earthquake? Drop, Cover, Hold On

# **Earthquakes**



## What do you think should be in a Home Emergency Kit?

- First Aid Kit
- Torch
- Food / Water
- Battery operated items (e.g. radio, phone, etc.)

# **Earthquakes**

# **Staying Safe**

# Floods



# Floods



#### **Flood Video Questions**

If you hear a flood warning on TV or radio, who should you tell? Your Parents

Where should you and your family move to? Higher places away from the water

Don't touch <what> when there is water around? Electrical Devices

# Floods

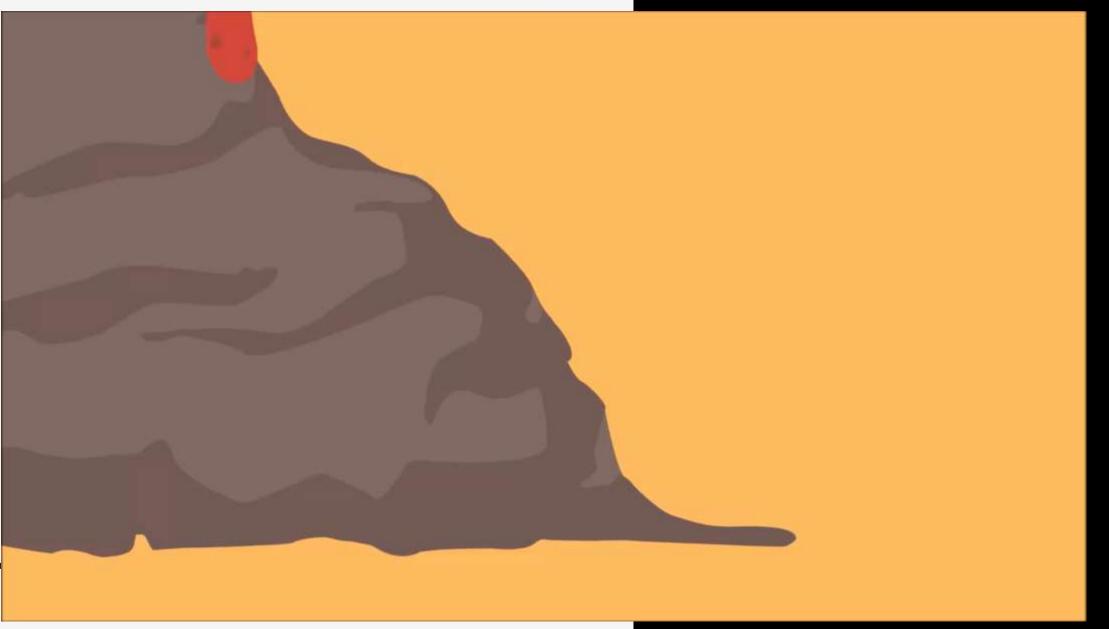


# **Staying Safe**

## Do or don't do?

- Walk / Swim / Drive through the water
- Drink flood water
- Use bridges over fast-moving water
- Move electrical equipment upstairs (e.g. TV, laptop, etc.)

# Volcanoes



## **Volcano Video Questions**

What comes out of a volcano? Lava

Name one of the common volcanic gases Water Vapour, Carbon Dioxide, Sulphur Dioxide, Hydrogen Chloride/Fluoride/Sulphide

Are all volcanoes cone shaped? No, they can be many shapes and also underwater

# Volcanoes



# How do you stay safe during a Volcano?

- Listen to TV/radio for announcements
- Limit your time outdoors and use a face mask or wet cloth
- Limit your time outside
- Close and seal up windows and doors

# Volcanoes



**Staying Safe** 

# **Thunder and Lightning**



## with Safety Sadie



# Thunder and Lightning



## **Lightning Video Questions**

What's a good rule to remember? When thunder roars, go indoors!

Where can you shelter from lightning? In a building or hard top car

How long should you wait after thunder before going outside? 30 mins

# Thunder and Lightning



# **Staying Safe**

#### **Fun Facts!**

How wide is a bolt of lightning? About the width of an adult's thumb.

A lightning bolt can power a light bulb for how long (months)? A bright 100 – watt light bulb can be lit for more than 3 months

A lightning bolt is how many times hotter than the sun? Roughly 5 times



## A glass is drops and breaks on the floor. Would you pick it up?

## Yes

## No

## Ask for help



## You're on a nature walk and see some berries. Do you eat them?

Yes

30

No

Ask for help



You need to call your parents and you see this sign. Can you use this phone?

Yes

No

Ask for help

- With your parents, discuss your home fire safety plan.
  Select two of the following areas and give four safety rules for each area:
  - Home safety
  - Outdoor safety (city or country)
  - Weather safety
  - People safety

- **2.** Practise a fire drill for at least one of the following places:
  - Home
  - School
  - Church (if possible)

Draw a floor plan for your school, club, and/or church, and show where and how to go out of the area in case of emergency.

- 3. Discuss what you would do in the following emergencies:
  - Hurricane
  - Tornado
  - Earthquake
  - Flood
  - Volcano
  - Lightning and thunder

- 4. Be a safety detective. Check the people and places that you are learning about and list any hazards.
  - (Worksheet Task)

- 4. Be a safety detective. Check the people and places that you are learning about and list any hazards.
- 5. Make a mural or safety poster showing dangerous situations and what you can do about them.

(Worksheet Task)

6. With your club, play the Safety Game. Give each other safety situations to answer with "Yes," "No," or "I'll ask my adult."

# Safety Specialist



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